

ESAA – BRITISH CHAMPIONS (WOMEN)

The ESAA winners of the British Women's Championships are shown in alphabetical order by surname with only one entry per athlete covering all of their championship wins. The surname shown is that when their first (or only) British title was won.

Adeoye, Margaret (Middlesex)	2012 and 2015 200m 2000 I 200m-h-3
Agbo, Phyllis (London)	2007 Heptathlon and 2009 Long Jump 2000 J 75mH-3, 2000 J PEN-3, 2001 I LJ-1, 2001 and 2002 HEP-1, 2002 I 80mH-2
Allahgreen, Diane (Merseyside)	2000-2002 100m Hurdles 1991 I 80mH-1, 1992, 1993 and 1994 S 100mH-1
Allison, Joan (née Page) (London)	1973 1500m 1963 I 880y
Anderson, Shani (London)	2002 200m 1992 S LJ-3
Anning, Amber (Sussex)	2024-2026 400m 2015 J 200m-1, 2016 I 300m-1
Arter, Charlotte (Cumbria)	2018 10000m 2008 S 3000m-1
Ashby, Roma (Warwickshire)	1960 and 1961 1 Mile 1955 S 800m-1
Asher-Smith, Dina (Kent)	2015, 2018-2019, 2021 and 2023 100m, 2016 and 2024-2025 200m 2010 J 200m-1, 2011 I 200m-1, 2013 S 200m-1
Augee, Myrtle (London)	1989, 1992-1993, 1999 and 2002 Shot Put 1981 I SP-2
Avis, Julia (Middlesex)	1985 Discus Throw 1981 S DT-3, 1982 S DT-1
Bailey, Shireen (née Hassan) (Surrey)	1983 800m 1976 I 800m
Barrett, Alicia (Derbyshire)	2017, 2018 and 2025 100m Hurdles 2012 J 75mH-1, 2013 and 2014 I 80mH-1, 2016 S 100mH-1
Barrett, Jill (Hertfordshire)	1984 5k Walk 1978 J 2.5k Walk-2
Beales, Emma (Buckinghamshire)	1995 Heptathlon 1988 I DT-1, 1989 S DT-2, 1989 S HEP-2, 1990 S DT-3
Bennett, Julia (Surrey)	1994 High Jump 1988 S HJ-1
Benning, Chris (née Tranter) (Lancashire)	1978 3000m, 1979 800m, 1984 1500m, 1986 3000m 1969 J 800m-1, 1971 I 800m-1

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Berkeley, Mary (Surrey)	1986 and 1987 Long Jump 1983 S LJ-3, 1984 S LJ-3, 1985 S LJ-1
Berry, Catherine (Surrey)	2004 5000m 1992 I 1500m-2, 1993 3000m-3, 1994 S 1500m-1
Beesley, Meghan (Warwickshire)	2018 and 2019 400m Hurdles 2004 J PEN-1, 2005 I 300mH-2, 2005 I HEP-2, 2006 I 300mH-1, 2006 I HEP-1, 2007 S 100m-2, 2008 S HEP-1
Signal, Mary (later Rand) (Somerset)	1958 High Jump, 1959 80m Hurdles and Long Jump, 1959 and 1960 Pentathlon, 1961 and 1963-1965 Long Jump, 1966 100m Hurdles 1955 I LJ-2, 1956 I LJ-1, 1957 S HJ-1
Binns, Kath (West Yorkshire)	1981 5000m and 10000m 1976 S 1500m-4
Bird, Elizabeth (Hertfordshire)	2021-2022 and 2024 3000m Steeplechase 2010 I 1500m-3, 2013 S 1500m-3
Blair, Jo (Warwickshire)	2016 Javelin Throw 2000 J JT-3, 2002 I JT-3, 2003 S JT-1
Blaize, Dominique (Surrey)	2010 Heptathlon 2002 J LJ-1, 2002 J PEN-3, 2003 I LJ-2, 2003 I HEP-3, 2004 I LJ-1, 2005 and 2006 I LJ-2
Bleasdale, Holly (later Bradshaw) (Lancashire)	2011-2012 and 2015-2022 Pole Vault 2008 I HEP-14
Bleasdale, Julia (Middlesex)	2011 5000m 1996 J 800m-h-5
Board, Lilian (Middlesex)	1967 440y 1963 J LJ-1, 1965 I 150y-2
Boothe, Lorna (Surrey)	1977 100m Hurdles 1970 I LJ-2, 1971 I LJ-2
Boxer, Christine (later Cahill) (Hampshire)	1977, 1978 and 1985 800m, 1982, 1988 and 1990 1500m 1970 J 800m-3, 1971 J 800m-2, 1971 J CC-1, 1972 I 800m-1, 1973 I CC-1
Brewington, Kate (Essex)	2005 Heptathlon 1998 I HEP-13
Bridge, Gemma (Oxfordshire)	2020 5k Walk 2011 S CC-36
Brown, Denise (Kent)	1975 and 1976 High Jump 1972 S HJ-1, 1973 S HJ-2
Brown, Shaunagh (London)	2013 Hammer Throw 2004 J DT-1, 2005 and 2006 I DT-1
Brown, Tina (West Midlands)	2004 and 2005 3000m Steeplechase 1994 S CC-31

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Byrne, Devon (Bedfordshire & Luton)	2014 Heptathlon 2010 I 300mH-h-8
Carey, Sheila (née Taylor) (Warwickshire)	1970 800m 1962 I 880y-6
Carpenter, Emma (Devon)	2008 Discus Throw 1996 J DT-3, 1997 I DT-2, 1998 I DT-1, 1999 S DT-1, 2000 S DT-2
Caudery, Molly (Cornwall)	2023-2025 Pole Vault 2015 and 2016 I PV-1, 2017 S PV-1
Cawley, Shirley (Surrey)	1952 Long Jump 1948 I LJ-3
Ceesay, Nusrat (Essex)	2009 400m Hurdles 1997 I 300mH-2
Clarke, Jill (South Yorkshire)	1986 10000m 1976 S 1500m-2
Clarke, Rosie (Surrey)	2016, 2018 and 2019 3000m Steeplechase 2009 S CC-39
Claxton, Sarah (Essex)	2004-2006 and 2008 100m Hurdles 1994 J 100m-2, 1995 I 100m-3, 1996 I LJ-1, 1997, 1998 and 1999 S LJ-1
Colyear, Sharon (Lancashire)	1971 200m Hurdles, 1976 and 1978 100m Hurdles 1969 J 150y-1, 1970 and 1971 I 200m-1
Corbett, Sharon (Warwickshire)	1973 Javelin Throw 1969 I JT-1, 1970 and 1971 S JT-2
Crehan, Sue (Lancashire) (née Smart)	1985 and 1987 10000m, 1989 5000m 1971 J 800m-h
Critchley, Margaret (Gloucestershire)	1970 200m 1965 150y-3, 1966 S 100y-2, 1967 S 220y-3
Curbishley, Allison (Cleveland)	1998 400m 1991 and 1992 I 300mH-1, 1993 S 400mh-I, 1994 S 400m-1
Dainty, Gillian (later Green) (Warwickshire)	1980, 1981 and 1983 1500m 1973 J 800m-2
Danson, Ann (née Brooks) (Humberside)	2001 Long Jump 1989 S LJ-5
Danvers, Natasha (Kent and London)	1998, 2002 and 2006-2007 400m Hurdles 1992 J 75mH-2, 1992 J PEN-3, 1993 I 300mH-1, 1994 I 300mH-1, 1995 S 100mH-1
Dean, Hatti (Oxfordshire)	2006 3000m Steeplechase 1995 J CC-2, 1998 I CC-3, 1999 S CC-1

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Dennison, Kate (Cheshire)	2007, 2009-2010 Pole Vault 2001 S PV-1
Derham, Zoe (Avon)	2007-2010 Hammer Throw 1999 S DT-8
Devally, Anne-Marie (later Cording) (Bedfordshire)	1980 and 1981 High Jump 1976 I HJ-2
Diamond, Emily (Avon)	2016 400m 2007 I 200m-2, 2008 S 200m-2, 2009 S 200m-1
Dixon, Alyson (Durham)	2013 10000m 1996 S CC-105
Dobbin, Beth (South Yorkshire)	2018 200m 2012 S 200m-2
Dobriskey, Lisa (Kent)	2008 1500m 1997 J 800m-3, 1998 J 800m-1, 1999 I 80m-1, 2000 I 800m-2, 2001 S 1500m-1
Douglas, Stephanie (Oxfordshire and Buckinghamshire)	1990 and 1996 100m, 1991 200m 1983 J 200m-3, 1984 and 1985 I 80mH-2, 1986 S 100mH-3, 1987 S 100mH-2
Drew, Shelley (later Newman) (Surrey)	1998-2001, 2003 Discus Throw 1989 I DT-2
Drysdale, Lorna (Warwickshire)	1974 100m Hurdles 1971 I 80mH-1
Dunkley, Julie (Kent)	2004-2006 Shot Put 1995 I SP-2, 1996 I SP-1, 1997 S SP-2, 1998 S SP-1
Dunn, Paula (later Thomas) (Gtr. Manchester)	1986-1989 and 1995 100m, 1989 200m 1983 S 100m-3
Eduan, Success (Gtr. Manchester)	2026 200m 2018 and 2019 J 200m-1
Edwards, Diane (later Modahl) (Gtr. Manchester)	1986-1987, 1989, 1992, 1994 and 1998 800m 1982 I 800m-2, 1983 S 800m-2, 1984 S 800m-1
Elliott, Diana (later Davies) (Northamptonshire)	1984-1986, 1989 High Jump 1964 J LJ-1, 1965 I LJ-2
Elliott, Pam (née Seaborne) (Essex)	1956 80m Hurdles 1950 J 70yH-1
Ellis, Sally (née McDiarmid) (Hampshire)	1990 5000m 1976 S CC-40
Emerson, Niamh (Derbyshire)	2017 Heptathlon 2014 I HEP-4
England, Hannah	2010, 2011 and, 2013 1500m

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(Oxfordshire)	2003 I 1500m-2, 2004 S 1500m-3, 2005 S 1500m-2
Ennis, Jessica (South Yorkshire)	2007 and 2009 High Jump and 100m Hurdles, 2011 High Jump, 2012 100m Hurdles 2000 J HJ-1, 2001 I HJ-2, 2001 I HEP-2, 2002 I HJ-1
Evans, Gillian (née Howell) (Yorkshire)	1983 High Jump 1971 J HJ-1, 1973 I HJ-3=
Evans, Kate (Shropshire)	1997 Triple Jump 1992 S HJ-1
Fairs, Liz (Derbyshire)	2003 400m Hurdles 1991 J 75mH-3, 1992 J 80mH-1, 1993 I 80mH-2, 1994 I 80mH-1, 1995 and 1996 100mH-2
Farmer, Suzanne (later Allday) (Sussex)	1952, 1953, 1956 and 1958-1961 Discus Throw, 1954, 1956 and 1958-1962 Shot Put 1950 I DT-1, 1951 I DT-1, 1952 S DT-1
Farr, Kathryn (Merseyside)	1986 Discus Throw 1981 J SP-2, 1984 and 1985 S DT-2
Few, Ros (Hampshire)	1972 High Jump 1971 I HJ-8
Forde-Wells, Georgina (Northamptonshire)	2023 and 2026 Triple Jump 2019 I TJ-4
Foulds, June (later Paul) (London)	1950-1951 100y, 1956 100y and 220y 1950 I 100y-1
Francis, Eden (Leicestershire & Rutland)	2009-2012 and 2014 Shot Put, 2012, 2014 and 2021 Discus Throw 2002 and 2003 J SP-2, 2004 and 2005 I SP-1, 2007 S SP-1
Francis, Margaret (Cheshire)	1955 100y and 80m Hurdles 1952 S 100y-1
French, Prudence (Essex)	1972 Javelin Throw 1966 I JT-3, 1967 S JT-1, 1968 S JT-3
Fraser, Donna (Surrey)	2000 and 2005 400m, 2005 200m 1986 J 200m-1, 1987 J 200m-1, 1988 I 200m-1, 1989 I 200m-1, 1990 S 200m-1
Freeman, Emily (West Yorkshire)	2008 and 2009 200m 1997 I 200m-2, 1999 S 100m-1
Fry, Izzy (Berkshire)	2026 10000m 2018 S 3000m-5
Fryer, Paula (West Yorkshire)	1991 800m 1988 S 800m-2
Fudge, Paula (née Yeoman) (Middlesex)	1972 3000m and 1982 5000m 1968 I 880y-h-4

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Garber, Gabrielle (Gtr. Manchester)	2026 High Jump 2022 S HJ-3, 2023 S HJ-1
Gibbs, Brenda (Leicestershire)	1977 High Jump 1975 S HJ-6
Gibson, Lynn (Oxfordshire)	1998 1500m 1987 S 800m-3
Gibson, Sharon (Nottinghamshire)	1988 and 1991 Javelin Throw 1980 S JT-1
Gill, Phoebe (Hertfordshire)	2024 800m 2021 J 800m-1, 2022 and 2023 I 800m-1, 2024 S CC-3
Gorecka, Emilia (Surrey)	2014 5000m 2007 J CC-2, 2008 J 1500m-1, 2008 J CC-1, 2009 I 3000m-1, 2009 I CC-1, 2011 S 3000m-1, 2012 S CC-1
Grievesson, Joy (Durham)	1963 and 1965 440y 1956 J 70yH-3
Griffith, Michelle (Middlesex)	1994-1995, 1999-2000 and 2004 Triple Jump 1987 I LJ-9
Gunnell, Sally (Essex)	1986-1989 and 1991-1993 100m Hurdles, 1988 and 1996 400m Hurdles 1980 J LJ-1, 1983 S 100mH-1, 1984 S 100mH-1
Gutzmore, Sineade (London)	2015 Triple Jump 2005 S TJ-5
Hadaway, Lucy (North Yorkshire)	2026 Long Jump 2016 I LJ-1
Hagger, Kim (Essex)	1989 Heptathlon 1975 J LJ-1, 1976 J LJ-3, 1978 I LJ-2
Haggett, Lea (London)	1990, 1992 and 1995 High Jump 1986 J HJ-1, I 1987-1988 I HJ-1, 1989 S HJ-2
Hansen, Ashia (Essex)	1996, 2001 and 2002 Triple Jump 1989 S LJ-9
Hanson, Cherry (Derbyshire)	1978 1500m 1974 I CC-60
Hanson, Lorraine (West Midlands)	1997 400m 1980 I 200m-3, 1983 200m S-3
Harrison, Fiona (South Yorkshire)	2003 Heptathlon 1995 J LJ-3, 1997 I LJ-1, 1998 J 300m-3, 1999 S LJ-3, 2000 S LJ-1, 2003 S LJ-1
Harrison, Val (Lancashire)	1974 High Jump 1973 S HJ-1

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Hazel, Louise (Cambridgeshire)	2010 100m Hurdles 1999 J PEN-1, 2000 J 100m-1, 2000 J PEN-1, 2001 I 100m-3, 2001 I HEP-3, 2003 S 100y-3, 2004 S LJ-1
Hearnshaw, Susan (Humberside)	1979 and 1984 Long Jump 1975 J LJ-3, 1976 and 1977 I LJ-1, 1978 and 1979 S LJ-1
Henry, Connie (Middlesex)	1998 Triple Jump 1988 I LJ q-10
Hitchon, Sophie (Lancashire)	2011-2012 and 2014-2018 Hammer Throw 2009 S HT-1
Hodgkinson, Keely (Gtr. Manchester)	2020-2021 and 2023 800m 2016 J 800m-3, 2018 I CC-2
Holdsworth, Catherine (Essex)	2009 Heptathlon 2002 I 80mH-2, 2002 I HEP-2, 2003 and 2004 S HEP-1, 2004 S 100mH-1
Hollman, Julie (Lincolnshire)	2000 and 2008 Heptathlon 1991 J LJ-2, 1991 J PEN-1, 1993 I LJ-1, 1994 S LJ-1
Holmes, Kelly (Kent)	1993, 1995-1996, 1999-2001 and 2004 800m, 1994, 1996 and 2002 1500m 1983 J 1500m-1, 1984 J 1500m-2, 1986 I 1500m-3, 1987 S 1500m-1
Holroyd, Shelley (Gtr. Manchester)	1993 and 1994 Javelin Throw 1986 J JT-1, 1987 J JT-2, 1990 S JT-3, 1991 and 1992 S JT-1
Hopper, Hannah (Kent)	2025 5k Walk 2017 J 3k Walk-3, 2019 I 3k Walk-2, 2021 S 5k Walk-1
Hoskin, Sheila (London)	1956 and 1958 Long Jump 1953 I 150y-1, 1954 S LJ-1
Howell, Sue (Yorkshire)	1973 400m Hurdles 1968 J 880y-6=
Hoyte, Wendy (née Clarke) (London)	1981 and 1982 100m 1973 I 100m-2, 1974 I 100m-1
Hoyte, Joslyn (later Hoyte-Smith) (Yorkshire)	1978, 1979 and 1981 400m 1972 S 200m-2, 1973 S 200m-3
Hunt, Amy (Lincolnshire)	2025 and 2026 100m 2015 and 2016 J 100m-1, 2017 I 100m-1
Hunte, Heather (later Oakes) (Middlesex)	1979 and 1985 100m 1975 I 100m-1, 1976 S 100m-1
Hunter, Jill (Durham)	1989 and 1995 10000m 1980 J 800m h-6
Hunter-Bell, Georgia (née Bell) (London)	2024 1500m, 2025 and 2026 800m 2008 J 800m-1, 2009 I 800m-2

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Hylton, Shannon (Kent)	2017 200m 2011 J 100m-3, 2012 I 200m-1, 2014 S 200m-1
Hyman, Dorothy (Yorkshire)	1959, 1962 and 1963 100y, 1960 100m, 1959, 1960, 1962-1963 and 1969 220y 1956 J 100y-1
Idowu, Oluyinka (Oxfordshire)	1994 Long Jump 1988 I HEP-1, 1989 S LJ-3, 1989 S HEP-1, 1990 S LJ-2
Ingman, Jilly (South Yorkshire)	1999 3000m 1997 S 1500m-3
Inkpen, Barbara (Surrey)	1969 High Jump 1965 and 1966 I HJ-1
Irozuru, Abigail (Gtr. Manchester)	2019 Long Jump 2006 I LJ-2
Jackson, Johanna (later Atkinson) (Cleveland)	2005, 2007-2012, 2015 5k Walk 2002 S 5k Walk-3, 2003 S 5k Walk-2
Jacobs, Simone (Berkshire)	1986, 1988 and 1996 200m 1981 J 200m-1, 1983 I 200m-1, 1984 S 200m-1, 1985 S 200m-2
Jeffs, Isabelle (Somerset)	2015 Javelin Throw 2006 J JT-1, 2008 I-1, 2010 S JT-1
Jennings, Jo (later Jennings-Steele) (Suffolk)	1998-2000 High Jump 1984 J HJ-1, 1985 and 1986 I HJ-1, 1987 S HJ-1, 1988 S HJ-2
Johnson, Jade (London)	2002-2004, 2008 and 2010 Long Jump 1994 J LJ-2, 1995 I LJ-1, 1996 I LJ-3, 1998 S 200m-3
Johnson-Thompson, Katarina (Merseyside)	2014 Long Jump 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Jones, Freya (Hampshire)	2020 and 2026 Javelin Throw 2008 J JT-1, 2009 and 2010 I JT-1, 2011 and 2012 S JT-2
Jones, Katie (Gtr. Manchester)	2004 400m Hurdles 1994 S 400mH-3
Jones, Patricia (Lancashire)	1964 and 1966-1967 220y Hurdles, 1965 and 1967 80m and 100m Hurdles 1962 S 80mH-3
Jones, Susan (Gtr. Manchester)	2001-2005 High Jump 1992 J HJ-2, 1993 and 1994 I HJ-1, 1996 S HJ-1
Jordan, Joy (Surrey) (née Buckmaster)	1958-1962 880y 1952 I 150y-4
Joyce, Monica (Sussex)	1982 and 1985 5000m 1973 I 800m-3, 1974 I CC-2, 1975 S CC-2, 1975 S 800m-2
Joyce, Regina	1980 3000m

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(Sussex)	1971 J CC-3
Judd, Jessica (later Warner-Judd) (Essex)	2020 and 2021 5000m, 2023 5000m, 2022-2023 10000m 2008 J 1500m-2, 2009 J 1500m-1 and CC-1, 2010 and 2011 I 1500m-1, 2010 and 2011 I CC-1, 2012 S CC-2
Jury, Kerry (Hereford & Worcs)	1996 Heptathlon 1986 S 200m s-6
Karagounis, Helen (née Thieme) (Nottinghamshire)	2003 400m 1997 I 300m-3, 1998 I 300mH-2, 1999 and 2000 S 400m-1
Keough, Linda (Hampshire)	1987-1989 400m 1979 I 400m-1, 1980 I 400m-1, 1981 S 400m-3
Kiernan, Lesley (Essex)	1974 800m 1971 J 800m-1, 1972 I 800m-3, 1973 I 800m-1
Kinch, Bev (Suffolk)	1993 100m 1979 I LJ-2, 1980 I LJ-3, 1980 and 1981 S LJ-1
Kirby, Rachel (Norfolk)	1992 Triple Jump 1986 S 200m-3
Knight, Jessie (Surrey)	2020 and 2022-2023 400m Hurdles 2012 S 400m-1
Knowles, Linda (Essex)	1967 High Jump 1960 and 1961 J HJ-1, 1962 and 1963 I HJ-1, 1964 and 1965 S HJ-1
Kwakyie, Jeanette (Essex)	2007, 2008 and 2011 100m and 2007 200m 1997 J 100m-1, 1998 I 100m-3, 2001 S 100m-3
Lake, Iona (Norfolk)	2017 3000m Steeplechase 2011 S CC-2
Lake, Morgan (Berkshire)	2016-2025 High Jump 2010 J LJ-1, 2010 J PEN-1, 2012 I LJ-1
Langford, Lisa (later Kehler) (West Midlands)	1987, 1995, 2002 and 2003 5k Walk 1980 J 2.5k Walk-3, 1981 J 2.5k Walk-1, 1984 and 1985 S 5K Walk-1
Lannaman, Sonia (Warwickshire)	1977 100m and 200m, 1981 200m 1968 J 100y-1, 1969 J 100m-1, 1970 J 100m-1, 1973 S 100m-1
Lannon, Katia (Gtr. Manchester)	2006 Heptathlon 2004 S HEP-2
Lansiquot, Imani (Surrey)	2020 100m 2012 J 100m-2, 2013 and 2014 100m I-1
Laughton, Julie (née Whiteley) (West Yorkshire)	1985 1500m 1977 S CC-1
Lawton, Tracy (née Burges) (Hertfordshire)	1984 400m 1977 I 400m-1

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Leggett, Alison (Yorkshire)	1964 1 Mile 1958 S 880y-2, 1959 880y-1
Lewis, Denise (West Midlands)	1996 and 1998 Long Jump 1985 J LJ-3, 1986 J LJ-1, 1987 I LJ-3, 1988 I HEP-2, 1988 I LJ-1
Littlewood, Angela (Nottinghamshire)	1978 and 1981 Shot Put 1966 I SP-2, 1967 and 1968 S SP-1
Livermore, Judy (later Simpson) (Warwickshire)	1982 and 1983 Heptathlon 1977 I 80mH-2, 1978 S 100mH-2, 1979 S 100mH-3
Livesey, Katherine (Lancashire)	1999 Heptathlon 1993 J PEN-3, 1995 and 1996 I HEP-1, 1997 and 1998 S HEP-2
Lock, Betty (Surrey)	1936-39 60m, 1938 and 1939 100y 1933-1935 U14 100y
Lovell, Elise (Sussex)	2015 Heptathlon 2010 S LJ-1
Lowe, Pat (Leicestershire)	1969 800m 1961 S 220y-3
Lupton, Vicky (South Yorkshire)	1992, 1993, 1996 and 1999 5k Walk 1990 and 1991 S 5k Walk-1
Lynch, Andrea (London)	1973 and 1975-1976 100m 1969 I 100m-2, 1970 S 100m-1, 1971 S 200m-1
Lyne, Rebecca (South Yorkshire)	2006 800m 1997 I 1500m-2, 1998 I 1500m-3
Lyons, Emma (Derbyshire)	2008 Pole Vault 2005 S PV-4
Maddox, Keri (Staffordshire)	1997 400m Hurdles, 1998-1999 100m Hurdles, 2000 400m Hurdles 1986 J 200m-2, 1988 I 400mH-1, 1989 and 1990 S 100mH-1
Maduaka, Joice (London)	1998 100m, 1999 100m and 200m, 2002-2003 100m, 2004 200m, 2006 100m and 200m, 2009 100m 1991 S 100m-3, 1992 S 100m-3
Mallin, Lesley (Devon)	1980 Discus Throw 1970 J DT-1, 1972 I DT-1, 1973 and 1974 S DT-1
Manley, Allison (Surrey)	1981 Long Jump 1971 J HJ-2, 1973 I HJ-3=, 1975 S LJ-1
Marti, Debbie (Surrey)	1991, 1993, 1996 and 1997 High Jump 1981 J HJ-3, 1982 J HJ-1, 1983 and 1984 I LJ-1, 1985 S HJ-3
Martin, Jessica (née Andrews) (Hampshire)	2016 10000m 2011 S 1500mST-5
Martin, Karen (Derbyshire)	1997 and 2001 Javelin Throw 1990 and 1991 I JT-3, 1992 S JT-2

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Martin-Jones, Ruth (Shropshire)	1974 Long Jump 1961 J HJ-2
Massey, Kelly (West Midlands)	2014 400m 2002 S 100m-8
Mathers, Carol (Middlesex)	1978 High Jump 1973 I HJ-1, 1974 S HJ-2, 1975 S HJ-1
May, Fiona (Derbyshire)	1990-1992 Long Jump 1983 J LJ-2, 1985 I LJ-2, 1986 I LJ-1, 1987, 1988 and 1989 S LJ-1
Mayho, Jess (West Yorkshire)	2019 and 2020 Hammer Throw 2011 S HT-3
McDonald, Sarah (Northumberland)	2019 1500m 2011 S 800m-h-4
McGeorge, Sonia (née Vinall) (Sussex)	1994 3000m 1982 S 800m-2, 1983 S 800m-3
McKinna, Sophie (Norfolk)	2019-2021 Shot Put 2008 J SP-2, 2009 I SP-3, 2010 I SP-1
Meadows, Jenny (Gtr. Manchester)	2011 800m 1995 J 800m-1, 1998 S 400m-2
Menéndez, Niobe (Surrey)	2001 and 2004 5k Walk 1984 S 5k Walk-6
Merry, Katherine (Warwickshire)	1994 100m and 200m, 1998 200m, 1999 400m 1987 J LJ-3, 1988 LJ-2, 1988 J Pentathlon-1, 1989 J 100m-1, 1990 I 100m-1, 1991 I 200m-1
Mills, Holly (Hampshire)	2019 Heptathlon 2014 J LJ-1, 2015 I LJ-2
Mills, Susan (later Hayward) (Lancashire)	1965 and 1969 200m Hurdles 1961 S 80mH-3, 1962 S 80mH-1
Milne, Mary (London)	1932-1933 and 1935 High Jump 1928 U14 HJ-1
Morgan, Kelly (Wiltshire)	2000 and 2002 Javelin Throw 1994 J JT-1, 1995 I JT-1, 1998 S JT-1
Morley, Sue (South Yorkshire)	1980 and 1982 400m Hurdles 1977 S 100mH-3
Morrison, Kirsty (Kent)	1999 Javelin Throw 1989 J JT-2, 1990 J JT-1, 1991 and 1992 I JT-1, 1993 and 1994 S JT-1
Mulliner, Joanne (Shropshire)	1988 and 1990 Heptathlon 1980 J LJ-2, 1981 and 1982 I LJ-2, 1983 and 1984 S LJ-1
Mulvihill, Ellen	1987 Discus

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(London)	1985 S DT-5
Murphy, Catherine (Hertfordshire)	1995 200m 1990 J 200m-1, 1992 I 200m-3, 1993 S 200m-1, 1994 S 200m-2
Murray, Donna (later Hartley) (Hampshire)	1972 200m, 1975 400m 1969 J 100m-3, 1970 I 200m-3
Neil, Anita (Northamptonshire)	1970 100m 1964 J LJ-1, 1965 I LJ-2
Neita, Darryl (London)	2022 100m and 200m, 2023 200m, 2024 100m 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
Nelson, Ashleigh (Staffordshire)	2012 100m 2004 J 100m-1, 2005 J 100m-1, 2006 I 100m -1
Neufville, Marilyn (London)	1970 400m 1966 J 150y-2, 1967 J 150y-2, 1968 I 150y-2, 1969 I 150y-1
Newnham, Emily (Kent)	2026 400m Hurdles 2019 I 300mH-2, 2021 and 2022 S 400mH-1
Nicholson, Beverley (Cheshire)	1987 and 1989 1500m 1985 S 800m-2
Nicoll, Adele (Shropshire)	2022-2023 and 2025 Shot Put 2014 S SP-1
Nicholls, Jade (later Lally) (Surrey)	2010, 2011, 2013, 2015-2018 and 2022-2023 Discus Throw 2004 S DT-6
Nielsen, Lina (Essex)	2024-2025 400m Hurdles 2014 S 400m-8
Nuttall, Hannah (Leicestershire & R)	2024-2026 5000m 2013 I 1500m-3, 2014 S 3000m-1
Nutting, Pat (later Pryce) (Middlesex)	1961-1963 200m Hurdles, 1963-1964 80m and 100m Hurdles, 1968 80m Hurdles 1956 70yH-dnf
Oakes, Judy (Kent)	1979-1980, 1982-1988, 1990-1991, 1994-1998 and 2000 Shot Put 1973 I SP-3, 1974 I SP-1, 1975 S SP-1, 1976 S SP-1
Obamakinwa, Zara (Berkshire)	2025 and 2026 Discus Throw 2018 J DT-1, 2019 I DT-2
Odam, Dorothy (later Tyler) (Surrey)	1936-1939, 1948, 1949, 1952 and 1956 High Jump, 1951 Long Jump, 1951 Pentathlon 1934 U16 HJ-2
Ogbeta, Naomi (later Metzger) (Gtr. Manchester)	2017-2022 Triple Jump 2014 I TJ-1
Ohuruogu, Victoria (Essex)	2022-2023 400m 2007 J 200m-3, 2008 I 300m-2, 2010 S 400m-1

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Okoro, Marilyn (Buckinghamshire)	2008 and 2013 800m 2002 S 400m-2
Oladapo, Joyce (London)	1985 Long Jump 1980 I LJ-2, 1981 S LJ-2
Oladipo, Divine (London)	2024 Shot Put 2014 and 2015 I SP-1, 2016 S DT-1
Oldall, Janet (later Honour) (Surrey)	1967 and 1971 Pentathlon 1966 I HJ-3
Oliver, Ann (Northumberland)	1953 800m 1953 S 220y-h
Omitowoju, Adelaide (Essex and Cambridgeshire)	2025 Triple Jump 2016 I TJ-2, 2017 S TJ-1, 2019 S TJ-2
Onuora, Anyika (Merseyside)	2011 and 2013 200m, 2015 and 2018 400m 2001 I 100m-1, 2002 S 100m-1
Oskan-Clarke, Shelayna (Berkshire) (née Oskan)	2016, 2017 and 2019 800m 2008 S 400m-1
Owusu, Lesley (Berkshire)	2001 400m 1992 J 200m-3, 1993 J 200m-1, 1994 I 300m-1, 1995 I 300m-2, 1996 S 400m-2, 1997 S 400m-1
Oyepitan, Abe (Middlesex)	2003 200m, 2004 100m 1996 I 100m-3, 1998 S 100m-1
Packer , Ann (Berkshire)	1960 Long Jump, 1964 440y 1958 I 150y-2, 1959 S 100y-1, 1960 S 220y-2
Parker, Barbara (Norfolk)	2010 3000m Steeplechase 1999 I 800m-2, 2001 S 800m-1
Parker, Jacqui (Somerset)	1993 400m Hurdles 1985 S 400mH-2
Pascoe, Della (née James) (Hampshire)	1972 100m 1964 I 150y-3, 1965 I 150y-1, 1966 S 100y-1, 1967 S 220y-1
Pashley, Anne (Norfolk)	1953 and 1954 100y 1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1
Pattinson, Helen (later Clitheroe) (Lancashire)	2001 and 2005-2006 1500m, 2007-2009 3000m Steeplechase 1993 S CC-52
Pavey, Jo (née Davis) (Devon)	2001, 2006-2008 and 2012 5000m, 2007-2008, 2010 and 2014 10000m 1988 J 1500m-1
Payne, Charlotte (Berkshire)	2022-2023 Hammer Throw 2017 I DT-3, 2018 I DT-1, 2019 S DT-1

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Pearce, Caroline (Cambridgeshire)	2002 and 2004 Heptathlon 1995 J PEN-1
Perera, Christine (later Bell) (Lancashire)	1968 100m Hurdles, 1968 and 1970 200m Hurdles 1965 and 1966 I 80yH-1
Philip, Asha (Essex)	2013, 2014, 2016 and 2017 100m 2005 J 100m-2
Pickerell, Margaret (Hertfordshire)	1959 440y 1957 S 880y-1
Picton, Janette (Berkshire)	1982 and 1989 Discus Throw 1977 J DT-3, 1978 and 1979 I DT-1, 1980 S DT-1, 1981 S DT-2
Pirie, Shirley (née Hampton) (London)	1958 440y 1952 I 150y-1
Platt, Sue (Middlesex)	1959-1962 and 1966-1969 Javelin Throw 1957 I JT-1
Pooley, Isobel (Hampshire)	2014 and 2015 High Jump 2009 I HJ-1, 2010 S HJ-1
Pratt, Aimee (Cheshire)	2020 3000m Steeplechase 2015 S 1500mST-1
Probert, Michelle (later Scutt) (Cheshire)	1980 and 1982 400m, 1983 200m 1976 I 200m-1, 1977 S 200m-2
Purchase, Anna (Nottinghamshire)	2024-2026 Hammer Throw 2018 S HT-2
Pywell, Stephanie (Nottinghamshire)	2008 and 2010 High Jump 1983 J 100m-2, 1984 and 1985 I HJ-1
Quick, Janis (née Kerr) (Surrey)	1976 Shot Put 1962 I SP-1
Quinton, Carole (Warwickshire)	1958 and 1960 80m Hurdles 1951 J 100y-2
Radcliffe, Paula (Bedfordshire)	1996 and 2000 5000m 1988 J CC-3, 1989 I CC-3, 1990 I 1500m-3, 1990 I CC-2, 1991 S 1500m-1, 1991 S CC-2, 1992 S 3000m-1, 1992 S CC-1
Ramsden, Denise (Yorkshire)	1976 200m 1965 J 100y-2, 1967 and 1968 I 100y-1, 1969 S 100m-1
Reeve, Sue (née Scott) (Warwickshire)	1976, 1977 and 1980 Long Jump 1965 J 100y-3, 1966 J LJ-1, 1967 I LJ-2
Richardson, Marcia (Berkshire)	2000 100m 1990 S 200m-3
Roscoe, Jannette (née Champion)	1971 and 1973 400m, 1975 400m Hurdles

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(Cheshire)	1964 S 100y-2, 1965 S 220y-2
Rowland, Jo (Surrey)	2012 Heptathlon 2007 S HEP-3
Samuel, Laura (Leicestershire & Rutland)	2010-2013 and 2016 Triple Jump 2007 I LJ-1, 2008 S LJ-2, 2009 S TJ-1
Samy, Marina (Berkshire)	1986 5000m 1975 J 1500m-5
Samy, Shireen (later Barbour) (Berkshire)	1984 and 1994 5000m 1975 J 1500m-6
Sanders, Nicola (Buckinghamshire)	2005 400m Hurdles, 2006-2007 400m 1998 I 300m-2, 1999 S 400mH-1, 2000 S 400mH-1
Sanderson, Tessa (Staffordshire)	1975-1977, 1979-1980, 1985, 1989-1990, 1992 and 1996 Javelin Throw 1970 J JT-3, 1972 I JT-1, 1973 S JT-1
Saunders, Yvonne (CAN) (Lancashire)	1974 400m 1967 and 1968 I HJ-1
Sawyers, Jazmin (Staffordshire)	2016, 2020-2021, 2023 and 2025 Long Jump 2007 J HJ-2, 2007 J PEN-2, 2008 J LJ-1, 2008 J PEN-1, 2009 I LJ-1, 2009 I PEN-1
Sayers, Goldie (Cambridgeshire)	2003-2012 and 2014 Javelin Throw 1996 J JT-1, 1997 I JT-1, 1998 I JT-1, 1999 S JT-1
Schofield, Vikki (South Yorkshire)	1994 Heptathlon 1990 S HEP-3
Scrivens, Jean (London)	1955 220y 1952 I 100y-2
Sementysh, Rosie (Berkshire)	2013 Javelin Throw 2005 S JT-4
Sey, Marcia (Somerset)	2026 100m Hurdles 2015 J 75mH-3, 2016 J 75mH-1, 2017 and 2018 I 80mH-1
Shakes-Drayton, Perri (London)	2008 and 2010-13 400m Hurdles, 2011 400m 2005 I 300mH-1
Sherwood, Sheila (née Parkin) (Yorkshire)	1968, 1969, 1971 and 1972 Long Jump 1960 J LJ-1, 1961 I LJ-2, 1962 I LJ-1, 1963 I LJ-1, 1964 S LJ-1
Shields, Jane (née Furniss) (South Yorkshire)	1988 5000m 1977 S 1500m-4
Shirley, Dorothy (Lancashire)	1960-1961, 1966, 1968 and 1970 High Jump 1954 J HJ-1, 1955 I HJ-2
Simmonds, Barbara (Oxfordshire)	1979 and 1982 High Jump 1976 J HJ-1, 1977 I HJ-2, 1978 I HJ-1

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Simpson, Janet (Hertfordshire)	1965 and 1966 220y 1959 I 150y-1, 1961 I 150y-1, 1962 S 220y-1, 1963 S 220y-1
Simpson, Jemma (Somerset)	2007, 2009 and 2010 800m 2000 I 800m-1
Simpson-Sullivan, Tara (Cumbria)	2021 Hammer Throw 2015 J HT-3, 2016 I HT-3, 2017 I HT-1, 2018 S HT-3, 2019 S HT-2
Skeete, Leslie-Ann (Somerset and Wiltshire)	1990 100m Hurdles 1984 S 100mH-3, 1985 and 1986 S 100mH-1
Slaap, Frances (Middlesex)	1964 and 1965 High Jump 1959 S HJ-3, 1960 S HJ-1
Sly, Wendy (née Smith) (Surrey)	1987 3000m 1977 S CC-2
Smallwood, Kathy (later Cook) (Hampshire)	1978, 1980 and 1983-1984 100m, 1978-1980, 1982 and 1984-1985 200m, 1986 400m 1975 I 200m-2, 1976 I 200m-2, 1977 S 200m-1, 1978 S 200m-1
Smith, Jodie (Berkshire)	2022-2023 Heptathlon 2018 I HEP-3, 2019 S DT-1
Smithson, Claire (Sussex)	2006 Discus Throw 1996 J DT-2, 1997 J DT-1, 1999 I DT-1, 2000 and 2001 S DT-1
Snook, Verity (née Larby) (Hampshire)	1994 5k Walk 1978 I 3k Walk-2
Snowden, Katie (London)	2023 1500m 2009 I 800m-1, 2010 I 800m-2
Spain, Ellie (Leicestershire & Rutland)	2006 Pole Vault 2000 S PV-1
Sprules, Lyn (Middlesex)	1996, 1997 and 1999 Hammer Throw 1992 I DT-3, 1993 S DT-2
Stainton, Katie (West Midlands)	2021 Heptathlon 2013 I HEP-1
Stewart, Mary (Warwickshire)	1975 and 1979 1500m 1970 J 800m-2, 1970 J CC-2, 1971 I CC-1
Strong, Shirley (Cheshire)	1979-1984 100m Hurdles 1974 and 1975 I 80mH-1
Stoute, Jennifer (London)	1990 200m 1984 S 200m-h-3
Stretton, Irene (later Royse) (Lancashire)	1946 and 1947 60m 1937 U16 100y-1
Sullivan, Debbie	1997 3000m

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(Essex)	1986 J 1500m-8
Tank, Poppy (Devon)	2023 3000m Steeplechase 2015 S CC-4, 2016 S 1500m-4
Tappin, Jessica (Essex)	2013 Heptathlon 2007 S HEP-5
Taylor, Gladys (Essex)	1984 400m Hurdles 1970 S 200m-2, 1971 S 200m-3
Taylor, Jenny (née Pawsey) (Surrey)	1969 400m 1960 and I 100y-1, 1962 S 100y-1
Taylor, Jessica (North Yorkshire)	2016 Heptathlon 2006 S HEP-6
Thackray, Penny (West Yorkshire)	2001 10000m 1991 S CC-109
Thomas, Charlene (née Snelgrove) (Suffolk)	2009 1500m 2000 S 800m-6
Thomas, Sonia (née Samuels) (Northumberland)	2011 10000m 1995 I CC-2
Thompson, Janet (Surrey)	1976, 1978 and 1979 Discus Throw 1971 S DT-2, 1971 S DT-3
Thorner, Elise (Somerset)	2025 and 2026 3000m Steeplechase 2017 I 1500mST-1, 2018 S 1500mST-2, 2019 S 1500mST-1
Thorp, Angela (South Yorkshire)	1996 and 1997 100m Hurdles 1987 J 75mH-2, 1988 I 80mH-2, 1989 I 80mH-1, 1990 S 100mH-3, 1990 HEP S-1
Tooby, Angela (Hereford & Worcs)	1988 10000m 1979 S CC-21
Tunaley, Sharon (née Dolby) (Nottinghamshire)	1997 200m 1983 J 100m-2, 1984 and 1985 I 100m-1
Turner, Jessica (Derbyshire)	2021 400m Hurdles 2012 and 2013 S 400mH-3
Turner, Laura (Middlesex)	2005 100m, 2010 100m and 200m 1999 S 100mH-7
Tutton, Gemma (Sussex)	2026 Pole Vault 2021 I PV-1
Twell, Stephanie (Hampshire)	2013 and 2015-2018 5000m, 2019 10000m 2006 S 3000m-1
Tyson, Carol (Cumbria)	1978 and 1981 5k Walk 1975 S 5k Walk-4

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Ugen, Lorraine (London)	2017, 2018 and 2022 Long Jump 2009 S LJ-1
Vincent, Serena (Hampshire)	2026 Shot Put 2016 J SP-1, 2019 S SP-1
Wade, Audrey (Essex)	1935 60m 1931 U14 100y-2
Wade, Kirsty (née McDermott) (Somerset)	1988 800m 1979 S 800m-2, 1980 S 800m-1
Walcott-Nolan, Reveal (Bedfordshire & Luton)	2021 1500m 2011 I 1500m-3
Wallace, Andrea (Devon)	1990 and 1992 10000m 1983 I CC-52
Wallader, Rachel (West Midlands)	2013 and 2015-2017 Shot Put 2004 J SP-3, 2006 I SP-1, 2007 S SP-2, 2008 S SP-1
Walton, Rebekah (Derbyshire)	2021-2025 Javelin Throw 2014 J JT-1, 2017 and 2018 S JT-2
Warden, Christine (Yorkshire)	1976, 1979 and 1981 400m Hurdles 1967 I 880y-h-4
Warren, Kathryn (Derbyshire)	1981 Heptathlon 1976 S 100mH-3, 1977 S HJ-3
Watson, Louise (Kent)	1996 10000m 1989 and 1990 S 1500m-3
Webb, Shirley (Northumberland)	2005 Hammer Throw 2000 I HT-2
Weetman, Gemma (Shropshire)	2011 Heptathlon 2002 J LJ-2, 2004 I LJ-2, 2005 S LJ-3, 2006 S LJ-1, 2005 and 2006 S HEP-1
Weightman, Laura (Northumberland)	2012, 2014, 2017-2018 and 2020 1500m 2007 I 1500m-1, 2008 S 1500m-1, 2009 S 1500m-1
Weston, Madeleine (later Cobb) (London)	1958 100y 1955 J 100y-1, 1956 I 100y-1
Whitbread, Fatima (Essex)	1981-1984 and 1986-1987 Javelin Throw 1977 I JT-1
Whitcombe, Andrea (Middlesex)	1997 and 1998 5000m 1988 S 3000m-1
Whiteley, Lynda (Hertfordshire)	1983 and 1984 Discus Throw 1979 I DT-3, 1981 S DT-1
Whittingham, Laura (South Yorkshire)	2017-2019 Javelin Throw 2004 S JT-2

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Wilhelmy, Sarah (Essex)	2000 200m and 2001 100m 1993 J LJ-1, 1994 J 200m-1, 1996 I 200m-1, 1997 S 200m-1
Wilkins, Melani (Berkshire)	1995 100m Hurdles 1990 S 100mH-6
Williams, Ann (Merseyside)	1990 800m and 1991 1500m 1982 S 400m-1
Williams, Averil (Herefordshire)	1957 and 1958 Javelin Throw 1952 S JT-3, 1953 S JT-2
Williams, Hannah (Hertfordshire)	2020 200m 2013 I 200m-3, 2014 I 200m-2, 2016 S 200m-1
Williams, Jodie (Hertfordshire)	2014, 2019 and 2021 200m, 2021 400m 2007 and 2008 J 100m-1
Williams, Nadia (Middlesex)	2007-2009 Triple Jump 2000 S LJ-3
Wilson, Ann (Essex)	1972 and 1974 Pentathlon 1963 and 1964 J HJ-1, 1965 and 1966 I LJ-1, 1967 S LJ-1
Wise, Jo (Warwickshire)	1999 and 2000 Long Jump 1985 J LJ-2, 1986 I LJ-2, 1987 I LJ-1, 1989 S LJ-2, 1990 S LJ-1
Wootton, Katrina (Bedfordshire & Luton)	2007 1500m 1999 J 1500m-2, 1999 J CC-3, 2000 J 1500m-2, 2000 J CC-1, 2001 I 1500m-1, 2003 S 1500m-1
Wray, Yvette (Shropshire)	1978 Pentathlon, 1983, 1985 and 1986 400m Hurdles 1975 I 80mH-2, 1976 S 100mH-2, 1977 S 100mH-1
Wright, Susan (later Longden) (Essex)	1975-1977 and 1980 Pentathlon 1965 I HJ-2
Wyeth, Alison (Hampshire)	1989 3000m, 1993 1500m, 1995 5000m 1983 S 1500 s-7
Yelling, Hayley (Somerset)	2002 and 2003 5000m and 10000m, 2005 5000m, 2006 10000m 1991 S 3000m-19
York, Lisa (Leicestershire)	1992 3000m 1987 S 3000m-5
Young, Heather (née Armitage) (Yorkshire)	1952 and 1957 100y, 1957 and 1958 220y 1951 S 100y-1
Yule, Penny (Sussex)	1976 and 1977 1500m 1965 I 880y-5

Notes regarding the athlete details shown above :

ESAA – BRITISH CHAMPIONS (WOMEN)

An entry for each athlete begins with a line detailing their British Championship win(s).

Second (and subsequent) lines show the county (or counties) they represented and their ESAA Championship medal-winning performances or, in some cases, a non-medal-winning performance at the ESAA Championships.

ESAA performances are shown in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat, 'r-' indicates in a preliminary round and 's' in a semi-final)

COUNTY SAA COMPETITORS

Other athletes competed in their County SAA Championship and also went on to win the British titles, namely :

Smith, Joyce (Hertfordshire)	1965 1M, 1971 and 1974 3000m 19?? Hertfordshire LJ-1
Nielsen, Laviai (Essex)	2019-2020 400m 2011 Essex I 300m-1, 2012 Essex 300m-2